



# SKYRACE REGULATION

## SHORT - 16 km



### **Art.1 Organization**

The organizer of the Cima d'Asta S kyrace is the **Ski Team Lagorai Tesino A.S.D.** (Committee Organizer - C.O.) - Via Dante, 10 Castello Tesino (TN), 38053 - C.F. and P.I. 02427270224.

### **Art. 2 General information**

The race will take place on Sunday 03 September 2023 starting at 08:00 from the campsite Val Malene, on a path of about 20 km with an elevation gain of about 1700 meters in positive and equally in the negative.

### **Art.3 Participation requirements**

Participation is allowed to athletes, both male and female, over the age of 18, and in possession of the medical certificate of suitability for competitive-sporting practice issued by a sports medicine center for athletics, skyrunning, skiing cross-country, ski mountaineering and valid on race day.

### **Art.4 Limit of participants**

A limit is placed on the number of registrations set at 150. Over this limit, registrations will only be accepted as reservations.

### **Art. 5 Withdrawal of bibs and race pack**

Each competitor will receive, at the race office, a bib upon presentation of a valid identification document.

Bib collection is fixed from 1.30 pm to 5.30 pm on Saturday 02 September and from 5.30 am to 7:30 am on Sunday 03 September at the Camping Val Malene.

In case of no show at the bib and race pack collection, the latter will not come stored and shipped.

### **Art. 6 Registration**

Registrations will be considered valid only upon payment of the fee of registration through the established methods. If the registration limit is reached, the organization considers itself free to accept new registrations to take over for those who do not had still made the payment by August 27th.

The participation fee is variable and amounts to:

- € 20 for the first 30 competitors;
- € 25 over 30 competitors and up to 16/07/2023;
- € 30 from 17/07/2023 to 20/08/2023;
- € 40 from 21/08/2023 to 02/09/2023.

Participation in the competition is bound by the membership of FISky.

For those who do not have an annual membership card with FISky, it is possible to request one card valid only for the day of the competition at a cost of € 5.00 (price established by the Federation), additional to the cost of the competition. This request comes collected directly at the time of registration on the specific portal.

In case of cancellation of the registration by 16/07/2023, the entire fee will be refunded registration, except for secretarial costs (€ 2.00). After that date, the Committee Organizer reserves the right to reimburse 50% of the cost. After 27/08/2023 not Registration fees will be refunded, except if the race is cancelled by the organizing committee.

Registration is nominative. The exchange or transfer of the registration is not allowed nor the passage from one race to another. Any changes must be requested to the Organization and have a cost of € 5.00.

### **Art. 7 Difficulty of the race**

The race will take place along mountain trails with a challenging course of climbs and descents on trails classified "EE" which include some exposed and aided passages. Good physical preparation and habituation to routes on high-altitude mountain trails are therefore required.

### **Art. 8 Checkpoint and refreshment points**

An intermediate check and control point will be set up at Cima d'Asta refuge (2480 m).

The participant is obliged to have been duly registered.

Failure to detect the passage to a control point will result in disqualification.

The organization reserves the right to carry out the checks in non-points declared.

Along the way there will be n. 2 complete refreshment points with food and water and 3 sources of water.

At the refreshment points there are special containers for the delivery of waste such as glasses, packaging etc. Anyone caught littering outside of such spaces will be disqualified from the competition.

#### **Art.9 Maximum time and time delays**

For the safety of the athletes, there is a maximum time to finish the race of 6 hours.

When the maximum time is exceeded, assistance will no longer be guaranteed along the route.

#### **Art.10 Timekeeping**

The timing service with electronic chip is provided by Assokronos.

#### **Art. 11 Withdrawals**

The competitor who will abandon the race must obligatorily communicate it to any control point showing the assigned bib number at the same time. In the if the withdrawal does not require medical intervention, the athlete will have to return independently to the nearest exit point, pre-established by the Organization and promptly indicated, informing the staff in charge who will be on site. From this moment on, the athlete becomes a normal hiker.

#### **Art. 12 Disqualifications**

On the course there will be staff members authorized to verify compliance with the regulation by the participants.

The competition judges have the right to sanction the immediate disqualification and communicate to the race jury the infringements found.

The C.O. will apply the disqualification following one of the following infractions:

- Absence of mandatory material as indicated in the list in art. 14 "Material";
- Refusal to submit to the control;
- Abandonment of the marked race course;
- Abandonment of waste by the runner or his companions;
- Failure to aid another runner in difficulty;
- Refusal to comply with an order from the race director, a race judge, a doctor or rescue;
- Departure from a checkpoint after the cut-off time;
- Failure to pass through a control point;
- Use of a means of transport;

- Incorrect behavior towards members of the organization;
- Bib sharing and / or exchange;
- Support of a guide along the route;
- Assistance outside the permitted points;
- Any infringement of the competition rules.

The disqualification is immediate, and the runner must stop the race.

The irregularities ascertained by means of video images received by the organization also after the match, they may cause disqualification

### **Art. 13 Course changes - cancellation of the race**

In case of bad weather, the competition can be carried out on an alternative route; the organization will be able to decide, in the event of particularly weather conditions difficult, to suspend the race during its development: in this case the ranking will be drawn up based on the steps taken at the last check. In the event of this decision the prize money will be halved.

The organization reserves the right to temporarily suspend, or interrupt, definitively the race for all or part of the competitors if there are situations that can seriously compromise the safety of athletes or people present along the route (e.g. helicopter rescue operations, falling stones / boulders, weather conditions prohibitive etc ..).

The organization reserves the right to change the route or location at any time of the rescue and refreshment points and the time gates, without notice.

In case of need, the organization reserves the right to modify or eliminate some features of route.

#### **Art. 14 Material**

Each competitor must present himself at the start MANDATORY equipped with:

- Personal windproof / rainproof jacket;
- Tank top or T-shirt (it is forbidden to compete bareback);
- Bib provided by the organization;
- Skyrunning shoes;
- Thermal blanket;
- Whistle;
- Glass / bottle / camel bag;
- Mobile phone;

If during the course or upon arrival an athlete is found without such the penalties foreseen by the FISKY and ISF regulations will be applied.

The recommended material includes:

- Hat / bandana / buff;
- Sun protection glasses;
- Backpack or pouch;
- Spare clothing;
- Front lamp;

#### **Art. 15 Use of rackets / sticks**

The use of snowshoes / poles is normally allowed along the entire route, except for areas where they are expressly forbidden by a specific poster designer and / or by staff present on the course.

In the presence of ropes and / or aided sections it is recommended to store the poles / rackets in the backpack or shoulder strap, in order to increase the safety of progression along these stretches technicians.

The organization does not provide poles transport service.

#### **Art. 16 Complaints**

Any complaints after the race must reach the jury within 30 minutes from the display of the order of arrival, accompanied by € 50.00 returnable if the complaint was accepted.

### **Art. 17 Assistance of the staff of the O.C.**

Along the way there will be some staff members to ensure the correct conduct of the competition, it will be present on all intersections and in more challenging and dangerous sections.

The organization will offer tender assistance also with the support of the National Alpine Rescue Organization and Alpine Rescue of "Guardia di Finanza", in the most challenging sections of the route.

Said staff will also possibly be in charge the management of emergencies or injuries along the way.

For anything not specified in this regulation, please refer to the rules of the regulation FISKY-ISF 2022.

The Organizing Committee declines all responsibility for any accidents caused by the conduct of third parties who are on the race course for any reason or for anyone who runs out of competition, companions or spectators.